



LDL?
HDL?

Help your patients understand

Use this education tool to deliver the information that your patient needs to begin their lifestyle change

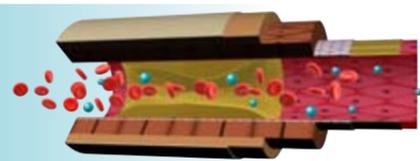
Your Cholesterol Levels

LDL 230 mg/dL	HDL 38 mg/dL
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Visit ZestTec.com for more information on how to lower your cholesterol with lifestyle changes.

Zest Tec™ A cholesterol-lowering medication

Cover Sheet



LDL?
HDL?

LDL is "bad cholesterol." Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet doloreDolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut lador.

HDL is "good cholesterol." Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet doloreDolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut lador.

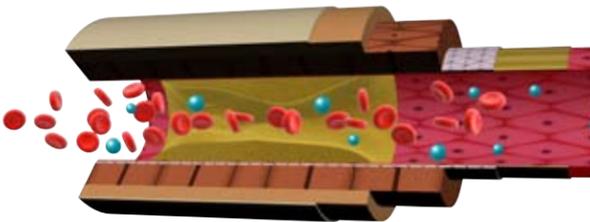
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Your Cholesterol Levels

LDL mg/dL	HDL mg/dL
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Zest Tec™ A cholesterol-lowering medication

Sheets



4 tips for achieving better results from your medication.

- Lower Cholesterol by Eating Right**
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- Improving Cholesterol With Exercise**
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- Lose Weight: Lower Cholesterol**
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- Stick to your prescription.**
Zest Tec™ Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore. Lipsun dolor sit amet.

Zest Tec™ A cholesterol-lowering medication

Visit ZestTec.com for more information

Back Sheet

Patient Education

Health care providers will use this tool when they identify someone with elevated LDL cholesterol levels. It is used to educate patients providing healthy living tips that will help them adjust their cholesterol levels. The sheet is filled out and given to the patient so that they can stick it on their medical files, mirror, or cabinet as a reminder to stay the course of prescribed medication and to live a healthy lifestyle.